



# 4-H Curriculum



## Working With K-3rd Grade Youth

### Summary

**Working With K-3<sup>rd</sup> Grade Youth** is designed to help youth to become competent, caring, contributing citizens. It enhances participants' decision-making, social interaction, and physical skills in addition to increasing their self-understanding.

The Leaders Training Guide provides the information teachers/volunteers need to be successful in delivering programs to 5-8 year olds. It can be used for staff or volunteer training and provides sample activities and lessons using an experiential education model.



Eleven units, each with five or more lessons are included. Examples of lessons include:

- *Sciencing with Leaves*
- *Feeling Good About Me*
- *Citizenship: Working with Others*
- *From Little Acorns: Recycling Plants*
- *Consumer Education*
- *Observing Change*
- *Foods and Nutrition: You Are What You Eat*
- *Making Music is Fun*
- *Animal Discovery*
- *Wonderful World of Pets*
- *Saving the Earth*

**Participants:** *Ages 5-8*

**Subjects:** *Science, Mathematics, Language, Arts, Nutrition*

**Skills:** *Listening, Thinking, Reading, Writing*

**Instructors:** *Adult or Teen Teachers*

**Cost:** *\$30*

### Suggested Implementation

The number of participants may vary depending on each activity, as well as the background knowledge and social and emotional development of the students. In most cases, a ratio of one instructor to six youth is preferred.

### Training and Materials

No special training is required and materials vary depending on activity and lesson plans. At the beginning of each lesson plan, all materials needed are highlighted. To find out more about the cost and availability of training, contact **Sharon Junge** at (530)899-7385 or e-mail at [skjunge@ucdavis.edu](mailto:skjunge@ucdavis.edu)

