



Join a 90-Day Research Study on Vitamins C and E

Conducted by the University of California, Berkeley School of Public Health

WANTED: Healthy Men and Women 18+

You will be asked to visit Children’s Hospital and Research Center at Oakland twice and take 2 vitamin supplements daily. Supplements contain vitamin C, vitamin E, or inactive ingredients (placebo). Before and after taking supplements the researchers will obtain your fasting blood, measure your body composition and blood pressure, and ask you questions about your diet, activity, and health history.

Study participants receive:

- ◆ **\$70 and free parking** in the Children’s Hospital garage
- ◆ **Nutritional analysis** of your diet
- ◆ **Test results** of your:
 - **Bone density**
 - **Percent body fat**
 - **Blood pressure readings**

Help us investigate whether the antioxidant nutrients – vitamin C and vitamin E – can reduce measures of inflammation and oxidative stress.

Call 510-643-0977 To Find Out If You Are Eligible

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