

"Communication Skills," p. 163-164. *Junior Master Gardener, Handbook, Level 1. Texas A&M University, 1999.

Communication Skills

A long time ago, people communicated by drawing pictures on cave walls. Today, we communicate by writing letters, listening to others, talking to others, and even by computers through e-mail and the Internet.

Communication is the process of sending and receiving messages. Sometimes we even communicate with others by our gestures and body language.



Every day we use communication at school, at home and at play. Learning to communicate with others is very important. To communicate with people, you must listen to their words as well as their body language.

THINGS FOR YOUR JMG GROUP TO DO:

- ☞ Garden Shed
- ☞ Who's On Our Team?
- ☞ Can You Follow Me?
- ☞ Plant A Seed

THINGS FOR YOU TO DO:

☞ **Cheer Cards**

It is always nice to get cards in the mail. Think of someone who has helped you with your JMG project. That person would enjoy getting a card from you. You can either make your own card or get one from the store. Be sure to tell the person what you are doing in your JMG project and say thanks for the specific

ways he or she has helped you. Before you put the card in the envelope, be sure to check your spelling. Put the correct address on the envelope and your return address goes in the upper left corner. Remember the stamp!

_____ date completed
 _____ leader/parent initials

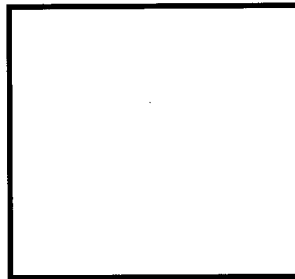
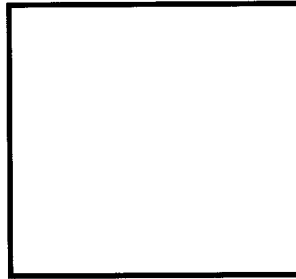
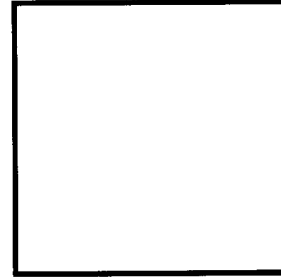
✿ Let Me Hear Your Body

Sometimes we can tell what people think and feel by watching their **body language**. Body language often tells more about us than the words we say. Listed below are three emotions. For each one, write down what your body does and make a drawing to show what happens to your body when you feel this way.

Happy

Angry

Embarrassed

_____ date completed
 _____ leader/parent initials